

Data Upload

For help with using AOS Data Upload System please refer to one or more of the following support documents:

- [AOS User Manual - Full System](#) — for assistance with anything in the AOS system.
- [AOS User Manual - Data Upload](#) — for assistance specific to Data Upload within the AOS system.
- [AOS Data Upload Quick Reference Guide](#) — a more succinct guide for data upload help.
- [AOS Training Webinar - Data Upload](#) — a short YouTube webinar which walks through how to upload data in AOS.
- [Data Deadlines](#) — A summary of the dates AROC needs data uploaded by, in order for it to appear in your reports.

If you still require further assistance and wish to contact AROC, you can lodge a support ticket. To lodge a support ticket, select 'Lodge Support Ticket' from the Help menu in AOS.